

0-DTE Strategy, Methods and Service

[00:00:00] 3, 2, 1 life. How are you doing friends? Ernie here, and this is the zero dash DTE podcast or the zero days to expiration podcast. You can find that on iTunes. You can also go to the website 0-dte.com/podcast. All right. So today is going to be a review of our strategy. Now we had a zero DTE day today with the S and P and the trade is still going on, but I don't have very many hopes for it.

[00:00:41] Trade was profitable earlier in the day. And you were able to, if you had multiple positions, take some of those off for a guaranteed, now I don't know how many people did that or not, but since then, the market has moved against the trade. And it doesn't look like it's going to be viable if you didn't take profit earlier.

[00:01:03] It's interesting. It went against us as soon as the Kenosha murder. Verdict was announced. The market went down. Oh, a good, I don't know, 15, 20 points or so. And that put us out of range. And right now, I don't know where are we? Let's see. You never know it could still come back. And it's possible it, that it's very possible that it could come back.

[00:01:31] I've seen stranger things happen. Now we had, two exits. Trades the beginning of this week. So, I guess, you could say we were three for three or maybe two and a half to a half a, this week. And that's good. And what I wanted to talk about today was what the strategy was all about. And so, I put together a little presentation, not just the strategy, but the methods, the reason why we do the trade, the edge that we have.

[00:02:04] Everything that's involved with what we do in this service. All right. So, I have a little presentation and we'll get started with that. And I just need to turn it on here. So again, if you want to try out the service, just go to zero days to expiration 0-dte.com/try. You'll get a four-week trial. And at the end of that four weeks or.

[00:02:32] Time during those four weeks, if you decide to become a member, I will rebate the cost of the trial, when you become a member. And the reason why we don't have a free trial is because we put a real lot of work into every member that joins the service, whether you're a tribal member or a full member.

[00:02:52] You get a lot of value now I'm more than willing to rebate that cost when you become a member, with the amount of effort and what you're getting out of it. This is like a full week intensive course for people. And you're going to learn a lot in that four-week period. You're getting what you pay for sure.

[00:03:09] All right. Zero D T E. Now this is zero DTE or the last day of expiration of options with the underlying being the S and P futures or the S and P index. Now we don't trade this. Because there is well, there's really no advantage of trading the spy when you have the futures in the index and these options, essentially the strategy is to sell option premium on that last day of expiration, where the premium is decaying at its most rapid rate, until it gets down to nothing.

[00:03:49] And that in of itself provides an incredible edge. And then we've built an entire service around this, that includes strategies, methods, and process. The process is very important because that is what really allows members to become professional traders, literally professional traders. And that's my goal here.

[00:04:10] And that is to make everybody that joins the service, become a professional trader trading, this strategy. All right, let's go to. The first slide here. So, what is the service? And as I said, you're going to be, you're going to learn to become a professional S and P zero DTE options trader. I make no bones about that.

[00:04:36] I expect that after you've been with the service for a while, that you will acquire skills and expertise to the level that you can consistently make. And you can adopt every aspect of the strategy that I teach, or you can modify it to your own need, but keep the basic precepts, the basic tenets, which are the edge and the methodology and all that.

[00:05:09] So this includes strategies, methods, process, and world-class support. Now my hope is that once you join that you'll never leave that you'll stay because you're going to get that kind of support that most people need. And everybody goes at a different pace. Some people can pick us up in a few weeks.

[00:05:25] Some people might take a couple of years. It's just the nature of people. It will include coaching and mentoring. Now, once you become a full-time member, you will. One-on-one mentoring, it's your right to ask for that or to schedule that with me. And if there's any aspect of the strategy of methods that are, that you need a little help on to brush up on, or to get a better understanding, you'll get one-on-one coaching and mentoring.

[00:05:56] And of course we do group coaching with the entire membership on a daily basis and that a entire membership. Is conducted inside the context of a discord room or several discord channels. It's a disk my own discord server with several public and private channels. The private channels obviously are for the membership.

[00:06:19] And then the public channels are places where people can talk about other of the top. But there are literally hundreds of programmers on I'm sorry. There are literally hundreds of traders there from novices to professionals. And that's the great thing about this strategy. You don't need to be an experienced trader to pick up the service.

[00:06:46] I would say the 25% of the people that joined the service are. New to options. Can you believe that? And I've whittled this, sir, this strategy and the methods and everything down to just to its basic elements and made it simple for people to understand and pick up, but like anything, whether it's chess or any other type of game of skill, you can learn the rules very quickly, and proficient at execution, but it may take time for you to master the service. Also includes a member website, so you can log in there, you can manage your account there. And then all the videos that I create are archived there's also a course that I'm continually developing and.

[00:07:32] There are real-time alerts and notifications that are delivered to your phone or to your mobile device or your computer. And that all comes through the discord. So that's basically how the services run. So, who is the zero D T E for the zero days to expiration service for and I more or less said who it's for really any.

[00:07:58] That wants to learn a strategy that has a definitive edge, that they are going to make money. Must try not to make money with this strategy. That's how good it is. But like I said, there's a lot of parts to it and, you need to learn that. So, whether you're a novice or a professional, and you want to learn this strategy that has edge, low risk asymmetric setup.

[00:08:22] Outstanding profit potential. The average return that we have on our risk capital is 150% to up to 1500% on a single trade. So, in a single day on the risk that you put up, you can make up to 150. On average, about 150 to 200% is about the average up to 1500% return. When we pin those trades.

[00:08:47] The personal requirements that you need, the things that you need to come into this, obviously you need to be, at least somewhat experienced with trading has some knowledge. It would be nice if you understood options, but it's

not necessary. But when you join, you need to get an options account with a level three access so that you can trade spreads and you need to be able to trade both the E-mini futures and the SPX index.

[00:09:13] So you need an equity account, and you need a future. You will access this from your phone, your mobile phone or your tablet, your iPad, or your computer, your applications for all of these. And generally, our trading day is between eight o'clock. And until the end of the trading day, a lot of times our trades end before the market even opens.

[00:09:37] And that happens quite often or before lunchtime and then our day is done, but sometimes we bring it out to the end of the day. Now there's a possibility we could go to the end of day today, but that's just crossing our fingers, seeing if the market will come back for us. And I don't think it will

[00:09:52] So why the zero DTE strategy? First, I would say that if you want a full explanation of the zero DTE strategy, go to any of my previous 57 episodes to this podcast and watch them where I talk about all different aspects of it. But the reason, the general reason brings it down to a nutshell is that we employ an asymmetric risk to return strategy.

[00:10:24] Where we take on very small risk to potentially return a very large amount, big profit. So that results in a very low pressure, low anxiety effort while you're trading, because you're not sweating the risk anymore. Instead of managing our risk, we are managing profits, and this helps. Keep a clear mind, clear head so that we can make excellent choices and decisions.

[00:11:00] There are very clear objectives to our strategy. It is focused on a very small subset of options, strategies for premium collection. And so, it's easy to learn and it works in all markets, whether it's. Now I would say that the optimal market is a market that is moving up and that has pulled back and then you can get it on the pullback, but that's the case with most strategies, this strategy will also work in down markets that come down hard to heightened levels of volatility with no problem.

[00:11:34] And moreover, we add an agile process that wraps everything that we do. And it's a continuous improvement process, and that is meant to help keep you engaged and help you continually improve your skills, your execution skills, your knowledge of the strategy and the methods, et cetera. So overall the strategy because of these asymmetric risk reward ratios, what I call the inversion of risks, which is completely different from the way any other Zero DTE service does it.

[00:12:10] It results in very small draw downs and continuous growth of your equity of your capital. And we beat market returns by far. It is it just completely outstrips market returns. All right. Last slide. How do you start? You start with the four-week. Or however many weeks that you want. You're not obligated to stay in the trial for four weeks, so you can join for a week and then quit if you want or start becoming a member right away.

[00:12:42] There's a small fee for the trial. Simply go to 0-dte.com/try and sign up. You'll become a member of the discord and get involved almost immediately. You can do the full four weeks. And after that, after you finished that four-week trial, I will rebate up to that entire amount of that four weeks.

[00:13:05] And then we have two different plans. We have either the monthly or the yearly plan. The yearly, the monthly obviously is a small upfront fee and then a monthly payment. And the yearly is just one lump sum, and it comes out to about a 25% discount over the monthly plan. So that's. That is it. I said, now I need to turn this thing off and bring me back.

[00:13:33] Here we go. That is the zero DTE service. Simple, complete world-class support, a strategy with edge. You're going to be using techniques, analytical techniques. So stripped away from the normal technical analysis jargon. And it just brings you down to what you need using primarily volume profile and order flow.

[00:14:04] And you'll be a student, a master you'll become a master of options, volatility, gamma, Delta. Those Greeks are very important to us, although this is not like a heady mathematically intensive. Strategy at all. It's a discretionary strategy. It's not a systematic strategy. And so that means that it's skill-based and that's the purpose of having the trial and then having the, for the world-class support and the coaching and the mentoring.

[00:14:37] And then of course, I've got one other thing. That is part of our continuous improvement process. At the end of each week, on the weekend, we have a group meeting that we call the retrospective that reviews all our trades and what we did right, what we did wrong, and what we can carry forward to the next week.

[00:14:57] So that's the agile continuous loop. So, they, you are, there is the 0-dte.com/try. The 0-DTE service. I want to thank you very much for joining me. Let's see. Are there any questions? Let's see if there are any questions from the peanut gallery.

[00:15:23] One of the members wants to know if, he calls me the wizard. If there's any hope to see this trade return, there, there is a very small hope, but we only have 11 minutes to go in the market. Chris I've seen bigger moves in a market, but eh, I would say just wrap it up and have a nice weekend.

[00:15:47] So tomorrow we have our retrospective meeting. If you become a member today, you can also be part of that meeting. That could be a great kickoff to your experience with our service. And that's it. So, I want to say peace tea wall. I hope you all have a great weekend, and we'll see you Monday.

[00:16:07] Oh, there is a question. So, with multiple tranches, what percent would you have taken off? Usually we, if you have two tranches, I would have taken off one. If you had three, I would have taken off two. So, the majority just enough to guarantee that you will have a positive outcome at the end of the day. Now it's time to go piece again.